

SUNDAY

2:30PM-3:30PM Road to Recovery, Grace United, 2651 Telegraph Rd, Davenport, IA, 52804 **(C,WC,ME)** *Meditation Meeting*

7:00PM-8:20PM Life After Drugs, Trinity Lutheran, Tillberg Hall entrance, locked-door policy, ring doorbell, 1330 13th St, Moline, IL, 61265 **(O,CL,To,WC)**

MONDAY

6:00PM-7:00PM The Venue, 232 5th Ave S, Clinton, IA, 52732 **(C,D,To,WC)**

7:00PM-8:30PM Promise, West End Alano Club, 2603 Rockingham Rd, Davenport, IA, 52802 **(C,St,WC)**

7:00PM-8:00PM Road to Recovery, Grace United, 2651 Telegraph Rd, Davenport, IA, 52804 **(O,WC,STK)**

TUESDAY

6:00PM-7:00PM The Venue, 232 5th Ave S, Clinton, IA, 52732 **(C,D,To,WC)**

7:00PM-8:00PM Boys to Men, St. John's Lutheran Church, 4501 7th Avenue, Rock Island, Illinois, 61201 **(C,M,NC,WC,BK)**

7:00PM-8:15PM We Do Recover, Blandine Club, Upstairs, 117 1/2 Perry St, Davenport, IA, 52801 **(O)**

WEDNESDAY

6:00PM-7:30PM Road to Recovery, Grace United, 2651 Telegraph Rd, Davenport, IA, 52804 **(O,St,To,Tr,WC)**

7:00PM-8:30PM Promise, West End Alano Club, 2603 Rockingham Rd, Davenport, IA, 52802 **(O,WC,BK)**

THURSDAY

7:00PM-8:15PM Living Clean, 4711 44th Street, Suite 5, Rock Island, Illinois, 61201 **(O,To,WC)**

7:00PM-8:30PM Road to Recovery, Grace United, 2651 Telegraph Rd, Davenport, IA, 52804 **(O,To,WC)**

FRIDAY

12:00PM-1:30PM Promise, West End Alano Club, 2603 Rockingham Rd, Davenport, IA, 52802 **(O,WC,BK)**

5:30PM-6:45PM We Do Recover, Blandine Club, Upstairs, 117 1/2 Perry Street, Davenport, IA, 52801 **(O)**

6:00PM-7:00PM The Venue, 232 5th Ave S, Clinton, IA, 52732 **(C,D,To,WC)**

7:00PM-8:00PM Road to Recovery, Grace United, 2651 Telegraph Rd, Davenport, IA, 52804 **(O,To,WC)** *Fellowship after the meeting*

7:30PM-9:00PM Just For Today, Greater Antioch Baptist Church, 929 14th St, Rock Island, IL, 61201 **(O,D,To)**

8:00PM-9:00PM Spiritual Principles, RICCA, CSL Residential Building, cats on premises, 1607 John Deere Rd, East Moline, IL, 61244 **(O,WC,BK)**

SATURDAY

1:00PM-2:00PM Living Clean, 4711 44th Street, Suite 5, Rock Island, Illinois, 61201 **(O,To,WC)**

5:30PM-6:30PM Road to Recovery, Grace United, 2651 Telegraph Rd, Davenport, IA, 52804 **(C,To,WC)**

6:00PM-7:00PM The Venue, 232 5th Ave S, Clinton, IA, 52732 **(O,WC,BK)**

7:00PM-8:15PM We Do Recover, Blandine Club, Upstairs, 117 1/2 Perry St, Davenport, IA, 52801 **(O)**

9:00PM-10:00PM Spiritual Principles, RICCA, CSL Residential Building, cats on premises, 1607 John Deere Rd, East Moline, IL, 61244 **(O,To,WC)**

MEETING FORMAT LEGEND

C	Closed	CL	Candlelight
D	Discussion	M	Men
NC	No Children	O	Open
St	Step	To	Topic
Tr	Tradition	WC	Wheelchair
BK	Book Study	ME	Meditation
STK	Stick meeting		

AREA SERVICE COMMITTEES

Area Service Committee

3-5PM, 2nd Sunday of each month, 1330 13th St., Moline, IL (Life After Drugs)

Activities Service Committee

5:30PM, 1st and 3rd Sunday of each month, 1330 13th St., Moline, IL (Life After Drugs)

Public Relations Service Committee

2-3PM, 2nd Sunday of each month, 1330 13th St., Moline, IL (Life After Drugs)

Public Information Workgroup

1-2PM, 2nd Sunday of each month, 1330 13th St., Moline, IL (Life After Drugs)

Hospitals and Institutions Workgroup

6:30-7:30PM, 3rd Friday of each month, 929 14th St., Rock Island, IL (Just for Today)

WHAT IS OUR MESSAGE?

The message is that an addict,
 any addict, can stop using drugs,
 lose the desire to use,
 and find a new way to live.
 Our message is hope
 and the promise of freedom.

Basic Text, page 65

THE TWELVE STEPS

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs

PHONE NUMBERS

NARCOTICS ANONYMOUS MEETING LIST



QUAD CITIES AREA OF NA (QCANA)

24 HOUR HELPLINE
1-800-897-6242

WEBSITE
qcana.org

SUGGESTIONS FOR EVERYONE
DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

MAY 2025

Meeting schedules are subject to change between printings. Check the website or call the helpline for up-to-date information.

Meetings Weekly: 23